



CERTIFICATE

OF PARTICIPATION

This is to certify that

Robert Emmott

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 04:33:34

PACE 06:30/km

GENDER 199 of

563

OVERALL 252 of 834

SENIOR (20- 120 of

39) 291

08 July 2023, Sat

